


# SURGERY AND REHABILITATION FOR **INTERNATIONAL PATIENTS**



Fondation  
**HOPALE**





*" The Fondation Hopale presents all the human and technological assets to treat international patients.*

*With a dedicated team, expert surgeons and physicians, international patients benefit from the perfect environment for their spine surgeries, orthopedic surgeries and post-operative rehabilitation stays.*

*As a neurosurgeon, I enjoy cutting edge equipment in the Operating Rooms of the Institut Calot, where I can perform endoscopic & minimally invasive surgery.*

*I can rely on a highly-trained medical staff to take care of my patients after their surgery and make sure they receive the best care possible. "*

Pr. Richard ASSAKER,  
MD, PhD,  
Head of Neurosurgery  
CHU Lille - Institut Calot





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# THE FONDATION HOPALE

## OUR MISSION

For more than 100 years, the Fondation Hopale has been a major player in orthopedic medicine and surgery in France.

Based in the North of France, we are a non-profit healthcare group, committed to deliver high-quality care for everyone.

Our mission is to rebuild the lives of adults and children recovering from life changing illness, neurological and orthopedic diseases by involving them in personalized programs.



**15**  
facilities



**+ 2 500**  
workers



**+ 120**  
doctors



**+ 25 000**  
patients / year

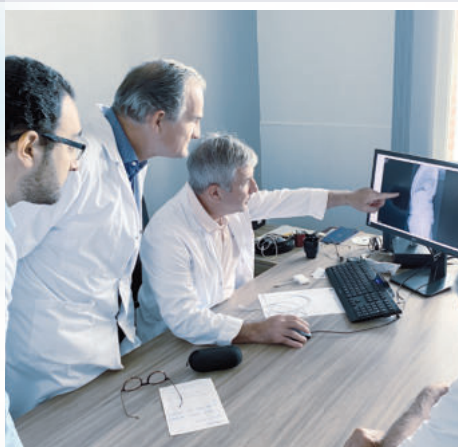


# 3 FACILITIES OF THE FONDATION HOPALE RECEIVE INTERNATIONAL PATIENTS

## INSTITUT CALOT ACACIAS CLINIC



### DIAGNOSIS



The Institut Calot and the Acacias Clinic both have complete medical imaging facilities.

Our expert physicians can base their diagnosis on high-standard medical imaging, with the EOS Scanner, MRI and X-rays amongst others.

Our consultants deliver second medical opinion and usually discuss the cases together to choose the best treatment option.



### SURGERY



Our neurosurgeons and surgeons enjoy cutting-edge equipment in the Operating Rooms of the Institut Calot.

Robotic assisted surgery for joint replacement, intraoperative imaging, minimally invasive surgery, our surgical treatment are highly-specialized and at the forefront of orthopedic and spinal surgical practices.

The Institut Calot is also nationally famous for its pediatric orthopedics department.

## CENTRE J. CALVÉ



### REHABILITATION



As part of the ERAS protocol (see p9) our patients benefit from early rehabilitation.

Rehabilitation programs in the Centre J. Calvé usually starts only a few days after the surgery.

Surrounded by a multidisciplinary team, our patients have access to one of the largest technical infrastructure in France.



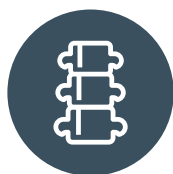
# INSTITUT CALOT

## Diagnosis & Surgery

**Highly specialized in orthopedic & spine surgery, the Institut Calot has been ranked among the best French hospitals for orthopedics for the last 15 years.**

The historic skills of the Institut Calot for the treatment of orthopedic diseases and its privileged location on the seafront in Berck-sur-Mer offer the perfect environment for our patients' well being. The Institut Calot is also a major player in Sports Traumatology and Pediatric Orthopedics in France.

We combine expertise, innovation and human skills to deliver the best care possible according to the latest medical practice guidelines.



**Spine  
neurosurgery**



**Orthopedic  
surgery**

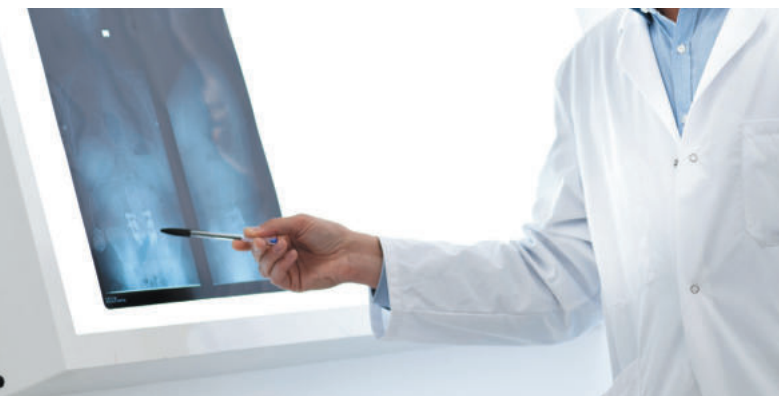


**Pediatric  
orthopedics**





# MEDICAL IMAGING



## SCANNER & EOS SYSTEM

Low dose stereoradiographic images of patients in functional position.

Full body 2D & 3D measurements in 20 secs.

Reduced exposure to X-rays:

- 10 times less than a traditional x-ray
- 100 times less than a scanner

## MRI

Produce detailed images of the bones and soft tissues, including the spinal cord and peripheral nerves.

The MRI of the Institut Calot is one of the quietest of its generation, making it much less stressful for the patient.

## RADIOLOGY

Traditional X-ray is the first and most common medical imaging exam. X-radiations are sent by the machine through the body part studied. It reveals any bone abnormality.



## ECHOGRAPHY

The echography uses ultrasounds to analyze tissues. There is no contraindication known for this exam. Ultrasounds are produced by a probe placed on your body.

## ECHODOPPLER

A Doppler is associated to the echography as a minimally invasive technology. It enables to measure the blood flow velocity, debit and any vascular resistance.

## SCINTIGRAPHY

The scintigraphy is a nuclear medicine technique performed to analyze the bones and organs. Before the exam, a contrast agent is injected in order to highlight the targeted areas.



# STATE-OF-THE-ART SURGERY

8

operating rooms

5300

interventions per year

The Institut Calot sets a benchmark for orthopedic surgery in France. Our orthopedic surgeons are highly specialized in total knee replacement (TKR) and total hip replacement (THR).

Since 2018, the spine surgery department of the Fondation Hopale benefits from a partnership with the CHU Lille (Lille University Hospital).

From common disorders to complex spinal pathologies, the Fondation Hopale and the CHU Lille, combine skills and innovations to improve our patients' quality of life.



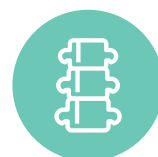
+ 600

total hip replacement / year



+ 450

total knee replacement / year



+ 450

spine surgeries / year

## INNOVATIVE PROTOCOLS

ERAS: Enhanced Recovery After Surgery

- Minimally invasive procedures for an improved recovery
- Reduced anxiety and fatigue
- Reduced risk of infection
- Use of hypnosis to reduce the anesthetic medication and its side-effects
- Reduced pain after surgery
- Shorter stay in the hospital

## ADVANCED SURGICAL TECHNIQUES

Some procedures once considered as major surgeries are becoming minimally invasive.

Safety is improved, hospital stays are shortened and the patients experience a faster return to functional activities.

When possible, state of the art endoscopic surgery is performed.

## INNOVATIVE TECHNOLOGIES

Mako Stryker: Robotic-arm assisted surgery for hip & knee replacement surgeries for a maximized precision.

O-arm: surgical imaging system, enables to have 3D images during spinal procedures.





# CENTRE JACQUES CALVÉ

## Rehabilitation

The Centre J. Calvé is one of the largest rehabilitation center in France with more than 17,000 m<sup>2</sup> entirely dedicated to rehabilitation.

## CARE OFFER

International patients can benefit from specific rehabilitation programs after their surgery with expert physicians, physiotherapists, occupational therapists and other rehabilitation specialists.

The Centre J. Calvé provides a wide range of rehabilitation programs for:

- Patients recovering from a spinal surgery
- Lower limb surgeries (THR, TKR, sports injury...)
- Amputee solutions and prosthetic devices
- Sports traumatology & rehabilitation





**6 000** m<sup>2</sup>  
of technical facilities



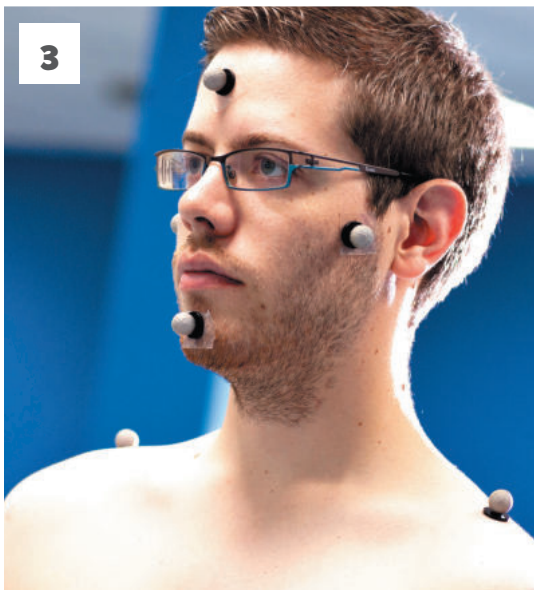
**640**  
healthcare professionals



**+ 4 000**  
rehabilitation stays per year



# CUTTING-EDGE TECHNICAL EQUIPMENT FOR AN OPTIMAL RECOVERY



1. Therapeutic flat | 2. Gym | 3. Motion Analysis Lab | 4. Orthopedic Physical Therapy (PT) room | 5. 3D room 6. Vector Elite room | 7. Orthotics & Prosthetics workshop | 8. Exoskeleton





9



10



11



12



13



14



15



16

9. Vascular PT room | 10. Neurological PT room | 11. Adaptive driving school | 12. Brain-Injured PT | 13. Balneotherapy | 14. Occupational Therapy room | 15. Technical support to mobility Unit | 16. Athletes' PT



# ACACIAS CLINIC

## Diagnosis & Surgery

**Located in Cucq, next to Le Touquet, the Acacias clinic is a medicine-surgery facility specialized in general surgery, ophthalmology and urology.**

The clinic has its own medical imaging center where radiology, scanner and echography can be done.

The following conditions can be treated:

- Gall Bladder removal
- Hernia repair
- Cataract lens replacement

Near the forest of Le Touquet, the Acacias clinic, offers the perfect environment for short stays in general surgery.



**Visceral surgery**



**Ophthalmology**





**4**

operating rooms



**+ 4 100**

interventions / year



**+ 600**

general surgeries / year



**+ 350**

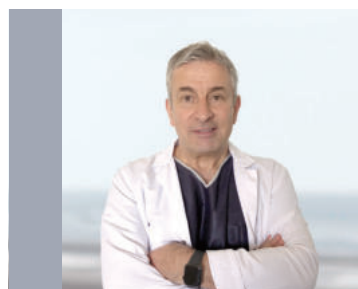
eye surgeries / year



# OUR PROFESSIONALS

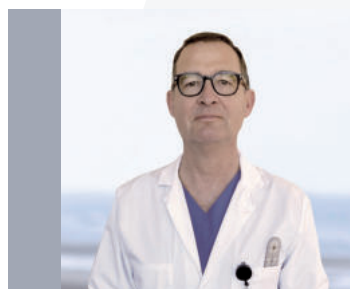


## INSTITUT CALOT



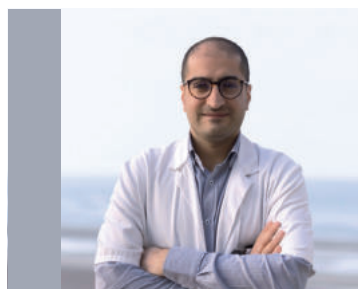
**Professor  
Richard ASSAKER**  
Neurosurgeon  
**Spine expert**

Languages:  
French & English



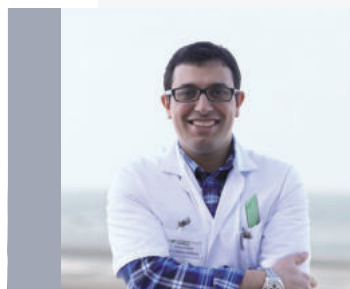
**Doctor  
Didier BAERT**  
Orthopedic Surgeon  
**Lower limbs**

Languages:  
French & English



**Doctor  
Jad ABI RAAD**  
Orthopedic Surgeon  
**Upper & lower limbs**

Languages:  
French, English & Arabic



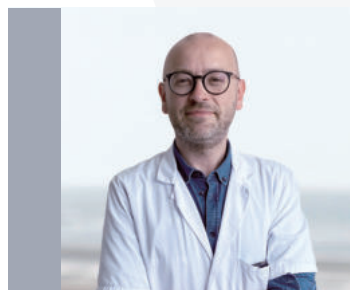
**Doctor  
Simon LEBBOS**  
Orthopedic Surgeon  
**Upper & lower limbs**

Languages:  
French, English & Arabic



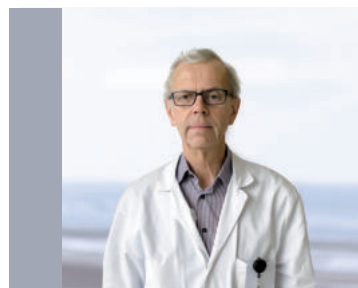
**Doctor  
Jérôme TAVIAUX**  
Orthopedic Surgeon  
**Lower limbs**

Languages:  
French & English



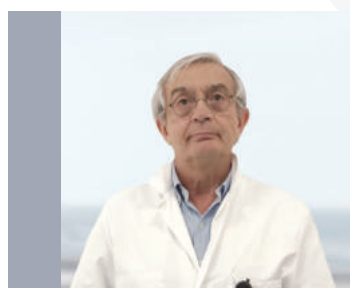
**Doctor  
Alexandre STOVEN**  
Orthopedic Surgeon  
**Upper limbs**

Languages:  
French & English



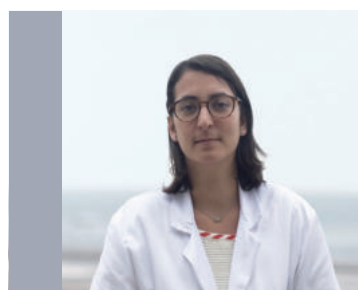
**Doctor  
Stéphane SION**  
Orthopedic Surgeon  
**Lower limbs**

Languages:  
French & English



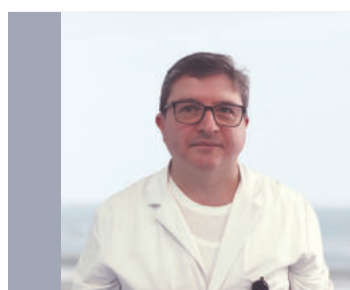
**Doctor  
Christian MORIN**  
Pediatric Orthopedic  
Surgeon

Languages:  
French & English



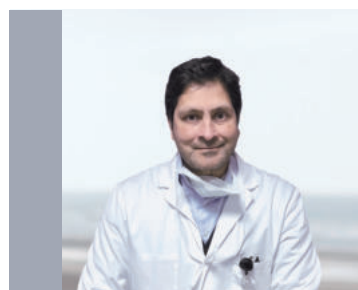
**Doctor  
Victoire KROTOFF**  
Pediatric Orthopedic  
Surgeon

Languages:  
French & English



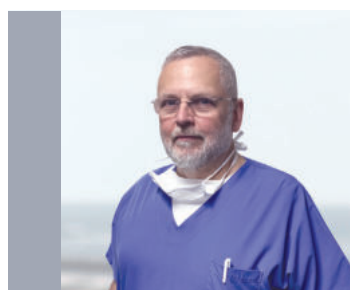
**Doctor  
Catalin URSU**  
Pediatric Orthopedic  
Surgeon

Languages:  
French, English  
& Romanian



**Doctor  
Ashish KUMAR**  
Anesthesiologist

Languages:  
French, English,  
Dutch & Hindi



**Doctor  
Rafael DE JONGH**  
Anesthesiologist

Languages:  
French, English,  
Dutch & German

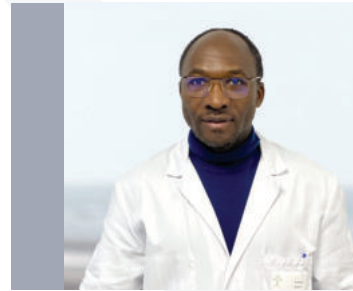


# ACACIAS CLINIC



**Doctor**  
**Jérôme BRAME**  
Visceral surgery

Languages:  
French & English



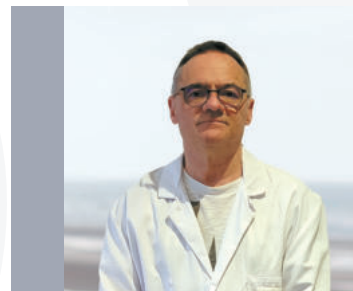
**Doctor**  
**Filbert DJEUDI**  
Visceral surgery

Languages:  
French, English & Italian



**Doctor**  
**Fanny SICARD**  
Ophtalmology

Languages:  
French & English

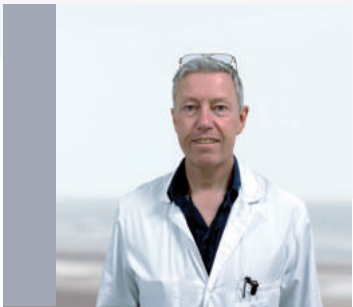


**Doctor**  
**Michel NYCZ**  
Anesthesiologist

Languages:  
French & English



# CENTRE JACQUES CALVÉ



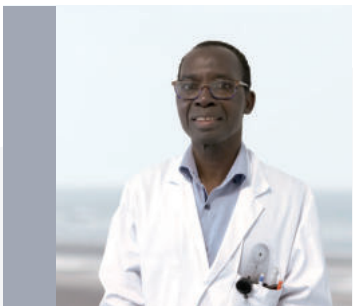
**Doctor**  
**Frédéric CHARLATE**  
Physical Medicine  
& Rehabilitation  
**Prosthetic pathologies**  
**Amputee solutions**  
**& prosthetics**

Languages:  
French & English



**Doctor**  
**Hélène MOUCHON**  
Physical Medicine  
& Rehabilitation  
**General orthopedics**  
**Sports rehabilitation**

Languages:  
French & English



**Doctor**  
**Vincent KOUADIO**  
Physical Medicine  
& Rehabilitation  
**General orthopedics**  
**Prosthetic pathologies**

Languages:  
French & English



**ALL OUR**  
**DOCTORS' PROFILES**







# **SERVICES FOR INTERNATIONAL PATIENTS**





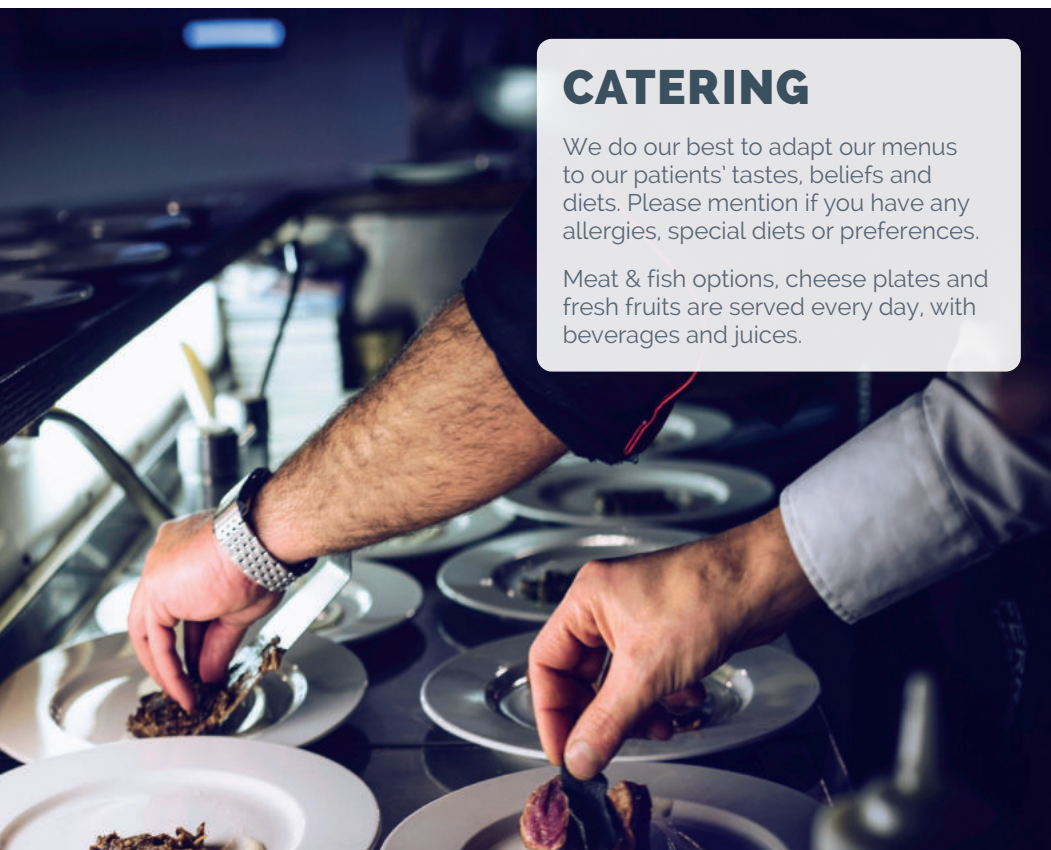
# ROOM & CATERING



## CATERING

We do our best to adapt our menus to our patients' tastes, beliefs and diets. Please mention if you have any allergies, special diets or preferences.

Meat & fish options, cheese plates and fresh fruits are served every day, with beverages and juices.





HOSPITAL  
HOTEL

# HOPALIA

Hopalia is our non-medical hotel, dedicated to patients and their families. With 2 flats and 18 bedrooms located next to the beach, it is the best option if you want to stay close to our healthcare facilities in Berck-sur-Mer.

**Prices** (Breakfast, wifi and parking included)

- Room: 50€ per night
- Flat: 350€ per week

**For any booking or information, please contact the international coordinator: +33 (0)3 21 89 40 87**

## PREMIUM ROOMS

There are 2 high-standard premium rooms for international patients in the surgery unit of the Institut Calot.

Enjoy a comfortable room, with a sea view and an en-suite bathroom.

- + Free wifi
- + Flat tv screen & international channels
- + Sofa bed for your relatives
- + A safe
- + Mini-fridge, coffee machine and kettle



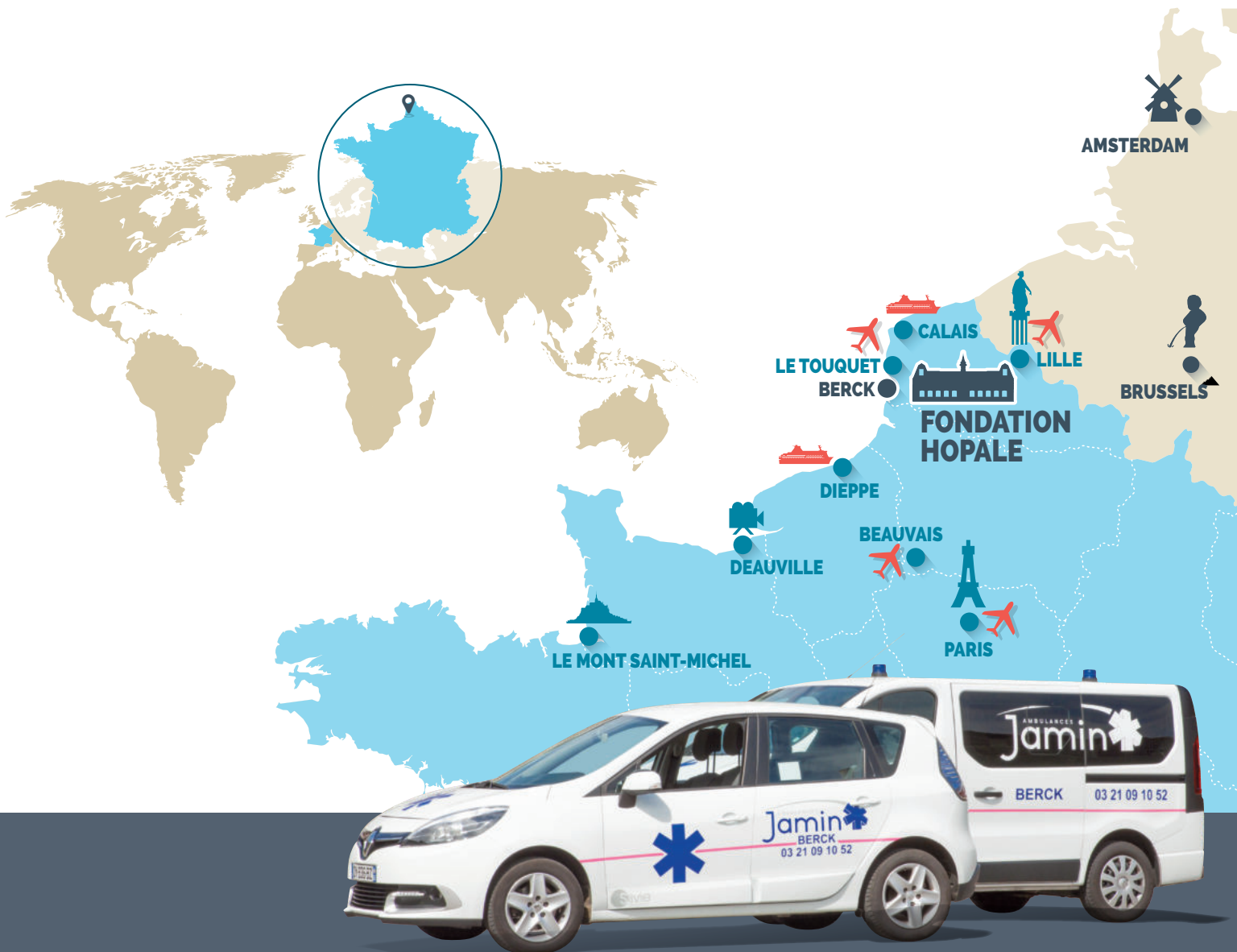
## SPECIAL ORGANIZATION

Before your arrival and until discharge, the international coordinator will be the resource person for any question you may have.

You will be given a detailed medical report in English written by your consultant by the end of your hospital stay.



# TRANSPORT



## AMBULANCES JAMIN, MEETING YOU WHERE YOU ARE

Whether you arrive by plane, train, or boat, we can pick you upon arrival with a non-emergency medical transportation and take you to our health facilities thanks to our partner Ambulances Jamin.



Airports: Paris, Lille, Le Touquet (private flights), Beauvais (France); Brussels, Ostend (Belgium); London (long-distance flights)



Ferries: Calais, Dieppe (France)



Trains: anywhere in France

## WOULD YOU PREFER A FULLY-PLANNED TRAVEL ?

Trust our partners and let them organize everything for you.

The Fondation Hopale has developed a network of concierge services with partners.

These companies are specialized in the organization of International patients' care in France.

They can provide support for your visa application, insurances, travel arrangements hotel booking, translations.

FOR MORE INFORMATION, CONTACT OUR  
PARTNER MEDICAL TRAVEL AGENCIES:

- C3 MEDICAL: [www.c3medical.com](http://www.c3medical.com)
- Medifrance Solution: [www.medifrancesolution.com](http://www.medifrancesolution.com)
- France Surgery: [www.francesurgery.com](http://www.francesurgery.com)



# YOUR ARRIVAL

## STEP



### STEP 1 CONTACT US

After your request for treatment, your medical file will be analyzed by our physicians.

A first teleconsultation will be scheduled to decide whether we plan treatment or not.



### STEP 2 QUOTE

According to the scheduled hospitalization, we will draw up a quotation.

State your agreement by signing the quotation and fill in the pre-admission booklet. Payment or a Guarantee of Payment (GOP) from your insurance is due maximum 4 days before your admission.



### STEP 3 PRE-ADMISSION

To organize your hospital stay, the following documents are required:

- VISA for the patients and their companions (if concerned). Contact the appropriate authorities for your visa application.
- Proof of full payment for the hospital stay as per the quote
- Pre-admission booklet with the consent forms and legal documents signed

In case of surgical treatment, we will schedule a pre-anesthesia teleconsultation at least two weeks before admission.

You will receive an invitation to attend the teleconsultation.



#### Adrien MOLIN

International coordinator

#### Office hours:

Monday-Friday 9 am – 5 pm (Paris Time)

+33 (0)3 21 89 40 87

[adrien.molin@fondation-hopale.org](mailto:adrien.molin@fondation-hopale.org)

#### Languages:

French, English & Spanish

# BY STEP



## STEP 4 ADMISSION ON D-1

You will be received by the International Coordinator who will guide you through the admission process and take you to your room.

You will meet your surgeon and the anesthetist the day before your surgery.

The medical staff will then prepare you for the surgery and give you all the pre-operative instructions.



## STEP 5 HOSPITALIZATION

Surgery will be performed according to the ERAS protocol, after a short stay in the surgery unit you will start your rehabilitation program in the Center J. Calvé if needed.



## STEP 6 DISCHARGE

Medical reports will be given in English after validation by your physician.

Arrangements will be made for your discharge and return home. Transports can be organized by the International Coordinator.

Prescriptions and instructions will be given in English to ensure a perfect recovery and continuity of care once you return home.

## LABELS & PARTNERS



FRENCH  
HEALTHCARE



FRANCE  
SURGERY



MEDIFRANCE  
SOLUTION



C3 MEDICAL



INTERNATIONAL  
SOS



HAUTE AUTORITÉ  
DE SANTÉ



AMBULANCES  
JAMIN



BERCK-SUR-MER



INTERNATIONAL  
MEDICAL GROUP



AP COMPANIES



# TOURISM IN OUR REGION

## AN EXQUISITE NATURAL SETTING



On one side, endless fine sand beaches, on the other side, a succession of verdant hills and valleys: the Montreuillois region (Berck-sur-Mer, Le Touquet-Paris-Plage, Étaples-sur-Mer...) both surprises and seduces you with the diversity of its landscapes. Its preserved natural environment is breath-taking.

At the heart of the foreland, the picturesque landscapes surrounding Montreuil-sur-Mer and Hucqueliers call for a return to nature. Practice "slow tourism" during a fishing trip with your family on the banks of a peaceful stream, or set off on an adventure, criss-crossing through the 250-mile hiking trails.

On the Opale Coast, you will be able to admire the palette of lights to which the location owes its fame. Whether you are on the Authie Bay in Berck-sur-Mer, or on the Canche Bay in Le Touquet-Paris-Plage, take time to observe the seals basking on the sandbanks and discover an extraordinary natural heritage!

## CULTURAL TREASURES



Truly a land of history, the Montreuillois region offers exceptional patrimonial and cultural wealth. Come and admire the numerous collections retracing the local history at the Museum of Berck-sur-Mer, at the Roger Rodière Museum in Montreuil, or at the Maréis museum in Étaples-sur-Mer, the later is dedicated to sea fishermen's lifestyle.

You can extend these cultural experiences by taking a walk along the Étaples port or on the heights of the Montreuil-sur-Mer ramparts. Don't miss the many edifices (about 20 of them), protected as a part of Le Touquet-Paris-Plage's Historical Monuments title, which makes Le Touquet, the seaside resort which holds the most titles in France!

Ideally located on the French Channel Coast, also known as the Opale Coast, the town of Berck-sur-Mer is one of the most beautiful seaside resorts in France.

Situated on the seafront, our healthcare complex offers a splendid panorama of the beach.

Our patients are able to enjoy the view and benefit from the iodine air, an asset scientifically recognized for its invigorating and calming virtues...

Pure well-being.



LE TOUQUET TOURIST OFFICE  
+33 (0)3 21 06 72 00



## THE LARGEST SPORTS FIELD



Whether you are a seasoned athlete or an amateur, the Montreuillois region will surprise you with the quality of its sports facilities.

Le Touquet is generally considered to be the "Sports Paradise" of the Opale Coast: an endless field of possibilities awaits you!

You can start the day off with serenity on one of the station's renowned golf courses, then take a horse ride at the heart of the Nature Park of the Canche Bay. At the Pierre de Coubertin Tennis Center, you will find yourself following in the footsteps of champions who trained there, including Novak Djokovic and Raphaël Nadal!

Passionate about sliding sports? In the Montreuillois region, all of our seaside resorts (Berck-sur-Mer, Le TouquetParis-Plage, Merlimont, Sainte-Cécile... ) offer introduction courses to sand yacht, paddle and even kite surf

## A DESTINATION TO SAVOR



The Montreuillois region is also known as the region of gastronomy. A multitude of renowned gastronomic restaurants of all kinds await you. The connoisseurs of haute cuisine will be delighted to discover the

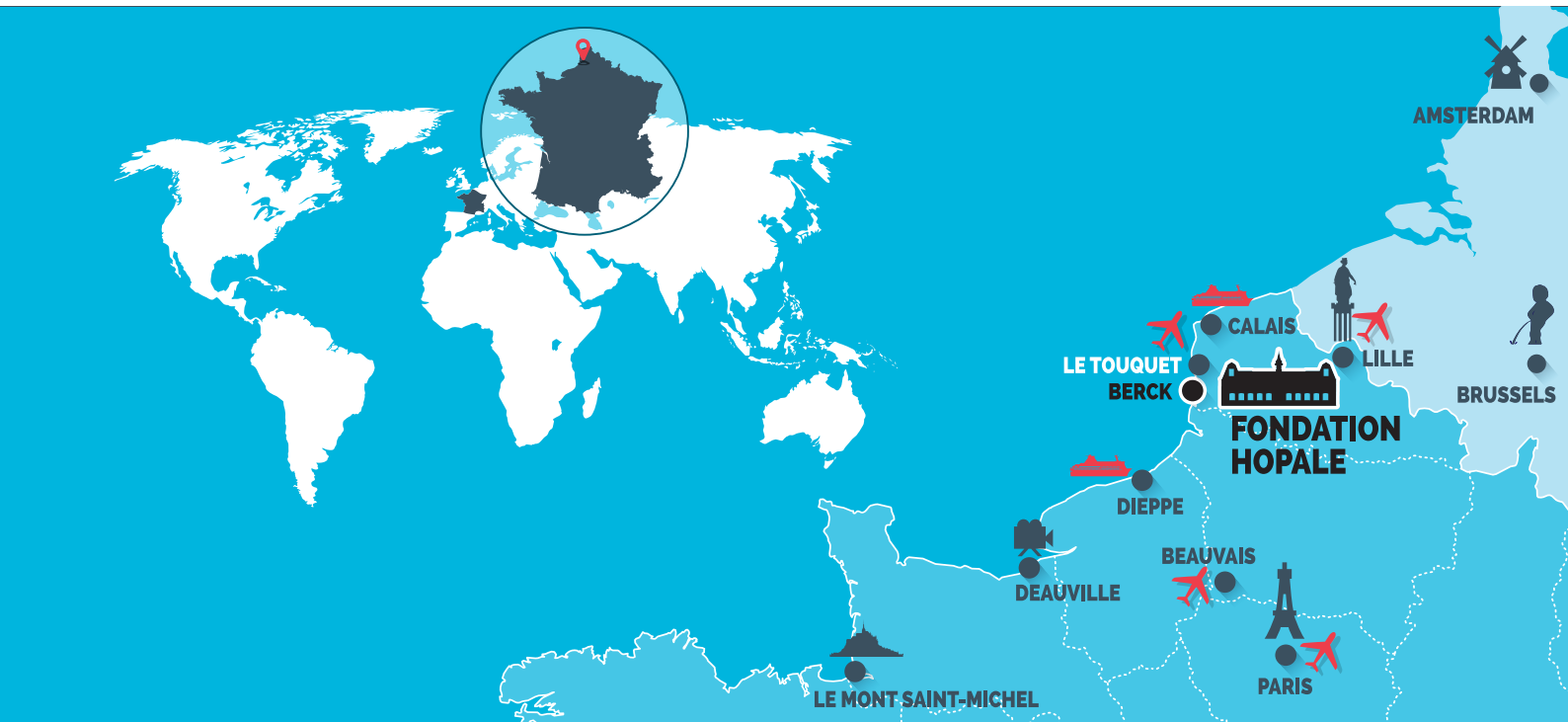
Michelin-starred restaurants where they will be able to taste, for instance, contemporary cuisine at La Grenouillère, a restaurant located in Madeleine-sousMontreuil, and owned by internationally renowned Chef, Alexandre Gauthier.

All of our Chefs in the Montreuillois region share one motto: "cooking local products". Indeed, our region abounds with fresh and authentic products which you can discover on the fishermen's stalls at the Étaples port, or at the heart of Le Touquet-Paris-Plage and Berck-sur-Mer's markets!





# SURGERY AND REHABILITATION FOR INTERNATIONAL PATIENTS



Fondation  
**HOPALE**

52, Rue du Docteur Calot  
62608 Berck-sur-Mer Cedex  
France  
Telephone: +33 (0)3 21 89 40 87

[www.fondation-hopale.org](http://www.fondation-hopale.org)  
[www.hopale-international-care.com](http://www.hopale-international-care.com)

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